Enjoying the newsletter? WHY NOT ENJOY THE **ENTIRE PROGRAM?**



Join the Shabbos Table Machsom L'fi. Get your free tools.

Visit: powerofspeech.org/shabbos





PART OF THE CCHF SHABBOS TABLE MACHSOM L'FI PROGRAM • SHABBOS PARSHIOS CHUKAS-BALAK 5780 • ISSUE 197

LISTEN HERE, EVERYBODY

When one Jew sees another running into the dangerous territory of Torah transgression, he is obligated to warn him. It's cruel and uncaring to stand back while someone walks blindly off a spiritual cliff. But can one person stop a whole crowd from transgressing? Should he even try?

DILEMMA

ou've been learning Shmiras Haloshon as a zechus for your ailing mother. Now you're at a kiddush in shul, sitting at a table with a dozen friends, and your heightened awareness kicks in as they begin their half-joking mockery of the members of another Jewish community in town. Should you attempt to

stop them?



Reviewed by Rabbi Moshe Mordechai Lowy. For discussion only; actual halachic

decisions should be made by a rav or halachic expert on a case-by-case basis.



Rema, Shulchan Aruch Orach Chaim 608:2

HALACHAH

ou are obligated to let them know that what they're saying may be loshon hora. However, if they ignore you, don't persist unless you feel you have a chance of making an impact. Furthermore, if you are in a community in which Shmiras Haloshon is widely ignored and you are unsure whether your words will have an impact, you should not speak up. If they would persist anyway, they're better off transgressing out of ignorance than knowingly.

concern

SPONSORED L'ILUI NISHMAS MALKA BREINDEL A"H BAS SHMUEL FISHEL YLCH"T

PARTICIPANTS

We have lots of guests, and we pick up the Shabbos Menu and read it first thing. It's always a wonderful conversation starter at the table, and we're all very happy with it.

Benari family Flushing, NY

FOR QUESTIONS AND COMMENTS, EMAIL

Shabbosmenu@cchfglobal.org

"It is proper for a person to be more

than he is with his money."

- Rambam, Iggeres HaShemad, ch. 1

av Shimon Galai, shlita, is a famous tzaddik. Often, when someone in need of a yeshuah comes to Rav Chaim Kanievsky, *shlit*"a, he sends the person to Rav Shimon to benefit from his special koach hatefillah.

I learned of Rav Shimon's rare character when I attended school with his oldest daughter. As young girls, we once studied together for a test. Rav Shimon's wife came to my friend and said, "Saraleh, Tatteh went to the vegetable store long ago and he hasn't come back. Can you go with your friend to look for him?"

We went to the store and there we found Rav Shimon Galai. He had a small Gemara perched on a pile of potatoes, and he was engrossed in his learning. This picture has remained in my mind for the past 35 years.

sageadvice



THE ANGER LESSON

Learn the **3 things** your anger is teaching you

- What really matters to you. If it didn't hurt, you wouldn't scream So what has been lost, or how have you been wounded or frustrated, making you want to lash out?
- How you cope with adversity. Whether you've got a long fuse or a short one, do your challenges usually end in an explosion? Learn from this what role anger plays in your life.
- What you need to work on. If we were perfect, we would trust Hashem with everything, sit back, and enjoy the ride. Reacting with anger helps you identify the worries, traits or thoughts that fray your trust (and nerves).

Adapted with permission from an Aish.com excerpt of Anger, the Inner Teacher by Rabbi Zelig Pliskin

Time has gone by, and thank G-d I'm married and an ima. I try to help people who are in need of a yeshuah, so I was bringing an almanah to Rav

Shimon for a brachah. As we headed to his home I told the woman about his legendary devotion to Torah.

When we reached Rav Shimon I

told him that my friend wanted a brachah. "Please, promise me. I need a yeshuah," she said to him.

"I cannot promise," he said.

"But people say you can bring veshuos," she argued. "Miracles happen for you."

He closed his eyes. "I cannot make miracles," he said quietly. "I can only say one thing about myself. For the past 17 years, I have tried my best to make sure that this mouth will not say one

word of loshon hora or rechilus."



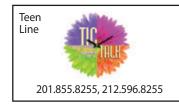


at the Chofetz Chaim Heritage Foundation is to inspire Jews around the world to grasp the life-enhancing gift of Shmiras Haloshon, Ahavas Yisrael and Shalom, and to provide easy access to a wide array of options designed to spark personal growth.

More than 52,000 students use our curriculums each week.

TALK ABOUT IT

Why did Rav Shimon Galai credit his shmiras haloshon for his koach hatefillah rather than to his diligence in Torah?





לע"נ חיים יחיאל מיכל בן רפאל פייוועל שניאור

> נלב"ע ערב שבת קודש " אלול תשע"ז ת.נ.צ.ב.ה.