

**THE J INVITES
EVERYONE
AGE 65+ TO
JOIN THE
SENIOR SOCIAL J*
FOR JUST
\$44 A YEAR.**

*Social Membership does not include access to the Fitness Facilities.



Jewish Community Center of Dallas
7900 Northaven Road, Dallas, TX 75230
Senior Adult Department (214) 239-7183

[JCCDALLAS.ORG/SENIORS](https://www.jccdallas.org/seniors)

JCC DALLAS GREATLY ACKNOWLEDGES SUPPORT FROM
JEWISH FEDERATION OF GREATER DALLAS.



**LIVE.
LAUGH.
LOVE.
LUNCH.**

ACTIVITIES*

FITNESS CLASSES

LINE DANCING

ART CLASSES

CHORUS

READER'S THEATRE

MUSEUM TRIPS

THEATER OUTINGS

BRAIN GAMES

MAH JONGG AND
BRIDGE CLINICS

TECHNOLOGY SEMINARS

ENTERTAINMENT

WELLNESS & NUTRITION
EDUCATION

* Some outings require an additional fee.



**PLUS: NUTRITIOUS,
KOSHER SIT-DOWN
LUNCHESES SERVED AT
NOON MONDAY-FRIDAY.
PLEASE RSVP.**

Menu posted at jccdallas.org/seniors.

The lunch program is for everyone age 60+. JCC membership is not required. A donation is suggested. The program is supported in part by the Dallas Area Agency on Aging, Texas Dept. of Aging & Disabilities Services and the JCC.

**Membership is open to all
community members age
65+, regardless of your
religious affiliation.**

**Senior Social J
membership is
available at walk-in
or by calling us at
214-239-7183.**

SENIORS

